



# FAMILY CAMP VIRTUAL SCHEDULE AUGUST 12TH 2023

ET	CT	MT	PT	GMT		
12 PM	11 AM	10 AM	9 AM	7 PM	<b>General Session</b>	Opening and Welcome
12:30	11:30	10:30	9:30	7:30	<b>General Session</b>	<b>flok</b>   THE INTERSECTION OF LIFE AND SCIENCE
<b>BREAK TIME (15 MIN)</b>						
1:30	12:30 PM	11:30	10:30	8:30	<b>BREAKOUT: CHOOSE ONE</b>	<div style="display: flex; justify-content: space-between;"> <div style="border: 1px solid #ccc; border-radius: 10px; padding: 5px; width: 45%;"> <p>504 vs IEP AND HOW TO USE THEM <b>Accommodations in School</b></p> </div> <div style="border: 1px solid #ccc; border-radius: 10px; padding: 5px; width: 45%;"> <p>HOW TO NAVIGATE <b>US Health Insurance</b></p> </div> </div> <div style="display: flex; justify-content: space-between; margin-top: 10px;"> <div style="border: 1px solid #ccc; border-radius: 10px; padding: 5px; width: 45%;"> <p>A QUIZ GAME FOR KIDS <b>Superfood Sleuths</b></p> </div> <div style="border: 1px solid #ccc; border-radius: 10px; padding: 5px; width: 45%;"> <p>A COMMUNITY PANEL DISCUSSION <b>Succeeding in Sports</b></p> </div> </div>
2:15	1:15	12:15 PM	11:15	9:15	<b>BREAKOUT: CHOOSE ONE</b>	<div style="display: flex; justify-content: space-between;"> <div style="border: 1px solid #ccc; border-radius: 10px; padding: 5px; width: 45%;"> <p>504 vs IEP AND HOW TO USE THEM <b>Accommodations in School</b></p> </div> <div style="border: 1px solid #ccc; border-radius: 10px; padding: 5px; width: 45%;"> <p>HOW TO NAVIGATE <b>US Health Insurance</b></p> </div> </div> <div style="display: flex; justify-content: space-between; margin-top: 10px;"> <div style="border: 1px solid #ccc; border-radius: 10px; padding: 5px; width: 45%;"> <p>A QUIZ GAME FOR KIDS <b>Superfood Sleuths</b></p> </div> <div style="border: 1px solid #ccc; border-radius: 10px; padding: 5px; width: 45%;"> <p>A COMMUNITY PANEL DISCUSSION <b>Succeeding in Sports</b></p> </div> </div>
<b>INTERMISSION (60 MIN) VISIT THE SPONSORS!</b>						
4	3	2	1 PM	11	<b>General Session</b>	<b>COOK FOR LOVE</b>   COOKING DEMO Q&A WITH BRENDA
5	4	3	2	12 AM	<b>BREAKOUT: CHOOSE ONE</b>	<div style="display: flex; justify-content: space-between;"> <div style="border: 1px solid #ccc; border-radius: 10px; padding: 5px; width: 45%;"> <p>DECREASING MEAL STRESS <b>Cooking For All Tolerances</b></p> </div> <div style="border: 1px solid #ccc; border-radius: 10px; padding: 5px; width: 45%;"> <p><b>Low-Phe</b> AN ANIMATED SERIES <b>Season 2 Premiere</b></p> </div> </div> <div style="display: flex; justify-content: space-between; margin-top: 10px;"> <div style="border: 1px solid #ccc; border-radius: 10px; padding: 5px; width: 45%;"> <p>OPEN UP YOUR CAMP KIT <b>Craft Time!</b></p> </div> <div style="border: 1px solid #ccc; border-radius: 10px; padding: 5px; width: 45%;"> <p>YOU CAN MAKE A DIFFERENCE <b>Activism and the MNEA</b></p> </div> </div>
<b>BREAK TIME (15 MIN)</b>						
6	5	4	3	1	<b>BREAKOUT: CHOOSE ONE</b>	<div style="display: flex; justify-content: space-between;"> <div style="border: 1px solid #ccc; border-radius: 10px; padding: 5px; width: 45%;"> <p>DECREASING MEAL STRESS <b>Cooking For All Tolerances</b></p> </div> <div style="border: 1px solid #ccc; border-radius: 10px; padding: 5px; width: 45%;"> <p><b>Low-Phe</b> AN ANIMATED SERIES <b>Season 2 Premiere</b></p> </div> </div> <div style="display: flex; justify-content: space-between; margin-top: 10px;"> <div style="border: 1px solid #ccc; border-radius: 10px; padding: 5px; width: 45%;"> <p>OPEN UP YOUR CAMP KIT <b>Craft Time!</b></p> </div> <div style="border: 1px solid #ccc; border-radius: 10px; padding: 5px; width: 45%;"> <p>YOU CAN MAKE A DIFFERENCE <b>Activism and the MNEA</b></p> </div> </div>
6:45	5:45	4:45	3:45	1:45	<b>General Session</b>	Science Session
7:45 PM	6:45 PM	5:45 PM	4:45 PM	2:45 AM	<b>General Session</b>	Closing and Goodbyes

**THANK YOU TO  
OUR SPONSORS**



Live Q&A throughout the day. All sessions available on-demand through 9/12 except those **outlined in red**