



FAMILY CAMP

JUNE 1-4, 2023

PACKING LIST

Sleep necessities

- For the littles we will have some pack n plays but you need to bring the lovies!
- Everyone sleeps in bunk beds with rails!
- Maybe a favorite blanket, sound machine, phone chargers etc etc.

Towels – swim towels (bath towels are provided)

Shoes – Be prepared for all weather and scenarios.

- Old tennis shoes or sandals with backs are good for lots of walking
- Flip-flops for the pool.
- Rain boots in case of wet weather.

Clothing – Same principle applies for clothes as shoes.

- Socks and underwear
- Swimsuit: Check your camp's website for guidelines on swimwear. Consider bringing two so you can rotate them while they dry.
- Sweatshirt and/or light jacket: Layers are key. Throw in a long-sleeved T-shirt too, you never know.
- Old shorts and jeans
- Pajamas

Medications

Don't forget your formula, g-button supplies, and whatever other prescriptions you may use! We provide the food but the nearest hospital is 50 miles away in Madras, OR. There will be a registered nurse on site at all times. It's worth bringing your own motrin, allergy meds, rolaids etc. Always better to have it and not need it.

Bug Spray and Treatment for bug bites –

Get something before camp and make sure it doesn't irritate your skin.

Backpack or mesh bag –

It's a bummer not to have something to carry around camp for hikes or swimming, and a mesh bag for carrying wet things is very handy.

Fun extras –

There will be a talent show! Do you juggle? Play kazoo? Can you do yo-yo or jump rope tricks? Bring your talent items (including music) with you!

Don't Forget these..

- Toiletries (body wash/soap, shampoo, toothpaste, toothbrush, deodorant)
- Sunscreen (and aloe for missed spots)
- Sunglasses
- Spending money for extra snacks/shirts etc
- Goggles and floaties etc for the pool
- Poncho
- Reusable water bottle
- Baseball hat
- Books for down time
- Disposable camera (something other than a phone)
- Clip-on fan and extension cord (if your child is a white-noise fan or it's going to be a hot one)
- Extra Ziploc bags (for wet things, gross things and special treasures)
- Cough drops

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